

THE FATAL CURRENT

Strange as it may seem, most fatal electric shocks happen to people who should know better. Here are some electromedical facts that should make you think twice before taking that last chance.

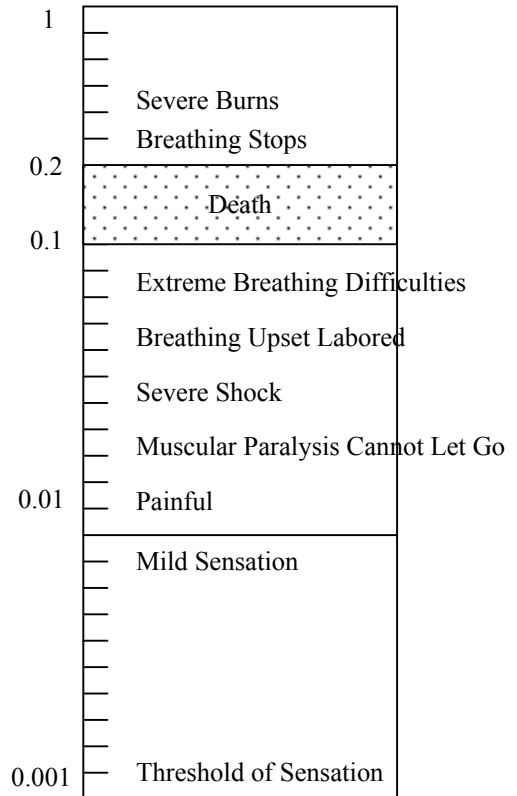
IT'S THE CURRENT THAT KILLS

Offhand it would seem that a shock of 10,000 volts would be more deadly than 100 volts. But this is not so! Individuals have been electrocuted by appliance using ordinary house currents of 110 volts and by electrical apparatus in industry using as little as 42 volts direct current. The real measure of shock's intensity lies in the amount of current (amperes) forced through the body, and not the voltage. Any electrical device used on a house wiring circuit can, under certain conditions, transmit a fatal current.

While any amount of current over 10 milliamps (0.01 amp) is capable of producing painful to severe shock, current between 100 and 200 mA (0.1 to 0.2 amp) are lethal.

Currents above 200 milliamps (0.2 amp), while producing severe burns and unconsciousness, do not usually cause death if the victim is given immediate attention. Resuscitation consisting of artificial respiration will usually revive the victim.

AMPERES



Physiological Effects of Electric Currents

From a practical viewpoint, after a person is knocked out by an electrical shock it is impossible to tell how much current passed through the vital organs of his body. Artificial respiration must be applied immediately if breathing has stopped.

THE PHYSIOLOGICAL EFFECTS OF ELECTRIC SHOCK

Chart 1 shows the physiological effect of various current densities. Note the voltage is not a consideration. Although it takes a voltage to make the current flow, the amount of shock current will vary, depending on the body resistance between the points of contact. As shown in the chart, shock is relatively more severe as the current rises. At values as low as 20 milliamps, breathing becomes labored, finally ceasing completely even at values below 75 milliamps.

As the current approaches 100 milliamps, ventricular fibrillation of the heart occurs (an uncoordinated twitching of the walls of the heart's ventricles).

Above 200 milliamps, the muscular contractions are so severe that the heart is forcibly clamped during the shock. This clamping protects the heart from going into ventricular fibrillation, and the victim's chances for revival are good.

DANGER --- LOW VOLTAGE!

It is common knowledge that victims of high-voltage shock usually respond to artificial respiration more readily than the victim of low-voltage shock. The reason may be merciful clamping of the heart, owing to the high current densities associated with high voltages. However, lest these details be misinterpreted, the only reasonable conclusion that can be drawn is that 75 volts are just as lethal as 750 volts.

The actual resistance of the body varies depending upon the points of contact and the skin condition (moist or dry). Between the ears, for example, the internal resistance (less than skin resistance) is only 100 ohms, while from hand to foot it is closer to 500 ohms. The skin resistance may vary from 1000 ohms for wet skin to over 500,000 ohms for dry skin.

When working around electrical equipment, move slowly. Make sure your feet are firmly placed for good balance. Don't lunge after falling tools. Kill all power and ground all high-voltage points before touching wiring. Make sure that power cannot be accidentally restored. Do not work on underground equipment.

Don't examine live equipment when mentally or physically fatigued. Keep one hand in pocket while investigating live electrical equipment.

Above all, do not touch electrical equipment while standing on metal floors, damp concrete or other well grounded surfaces. Do not handle electrical equipment while wearing damp clothing (particularly wet shoes) or while skin surfaces are damp.

Do not work alone! Remember the more you know about electrical equipment, the more heedless you're apt to become. Don't take unnecessary risks.

WHAT TO DO FOR VICTIMS

Cut voltage and/or remove victim from contact as quickly as possible---but without endangering your own safety. Use a length of dry wood, rope, blanket, etc., to pry or pull the victim loose. Don't waste valuable time looking for the power switch. The resistance of the victim's contact decreases with time. The fatal 100 to 200 milliampere level may be reached if action is delayed.

If the victim is unconscious and has stopped breathing, start artificial respiration at once. Do not stop resuscitation until medical authority pronounces the victim beyond help. It may take as long as eight hours to revive the patient. There may be no pulse and a condition similar to rigor mortis may be present; however these are the manifestations of shock and are not an indication the victim has succumbed.